

Jack's Story

11 years old

My son started on a new program this summer of B-12 shots, 3 grams of omega-3 essential fatty acids a day, and hyperbaric oxygen treatments (100% oxygen at 1.5 atmospheres). After 30 treatments we have noticed several positive changes. His issues with hypoglycemia have improved. It was common for him to "get in a mood"—sometimes significant—before breakfast or when hungry. The number and severity of these episodes has decreased by about 3/4. His outbursts are now infrequent.

An unusual change has been his "handedness." My son began switching his dominant hand from left to right. This appeared in his writing and athletics. Writing used to be a

chore, but recently he began writing stories and letters just for fun. His illustrations are somewhat improved, while his letters are more legible and his writing follows a fairly straight line on a blank page.

For years my son played the piano—mostly by ear and struggled with reading music. My son's piano teacher recently noted that he seems to be finally connecting to the music on the page—really reading the notes.

In general, my son is now noticing more. He said, "Have you ever noticed how weird some people are?" He picked up on what people were doing in their cars and walking around. He also seems much more aware of the opinions of his peers.

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Organizationally, he has improved. He is able to keep track of his gear for swimming, baseball and golf. He knows where he put things and remembers to hang up wet swim gear without reminders. He put together his own golf bag (using an old bag for a collapsible chair) and filled it with his glove, balls, tees and a book.

We're very pleased with what has happened thus far, and we're looking forward to seeing even more positive changes. The friendly staff at the center made the treatments a fun addition to my son's day, and he repeatedly commented on how he liked the way he felt after hyperbaric.

M.S., Madison, WI