

# Testimonials: The Power of their Voices

## Stephen's Story 5 years old



Our loving son, Stephen, was diagnosed with PDD-NOS in August 2003 at age 2 1/2. He was non-verbal at that time and was felt to be the age equivalent of 18 months.

Since then he has received intensive ABA therapy and extensive biomedical intervention. Among the biomedical therapies he has shown the most major response to are methyl-B12, supplements, and the GFCF diet.

The initial methyl-B12 therapy was very encouraging because he suddenly became verbal and even now Stephen runs around in the playground rather than just walking from activity to activity. His physical strength and dexterity have also im-

proved greatly on the supplement regimen.

The GFCF diet helped diminish his "brain fog." When methyl-B12 was increased from injections every three days to injections daily, there was an undeniable increase in his eye contact, speech, and overall "presence". It has continued to refine his progress.

With the exception of the diet, all of the most rewarding therapies were followed immediately by a period of roughly 2 weeks of hyperactivity. After the hyperactivity waned, we would begin to see huge gains.

So, you can imagine my delight when I arrived home in the evening after just his first 2 sessions of mHBOT and saw that he was hyperactive!

Although he has had only 12 sessions *in toto*, his command of vocabulary has increased, e.g., "I had an excellent sleep". His eye contact has improved and he now responds verbally when we call to him from another room. His speech seems

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clearer.

As a physician, I approached mHBOT with healthy skepticism, but as a parent I am thus far extremely gratified and feel blessed by his early response, with hope for continued progress.

Thank you very much. Sincerely,  
Steven's father

#### Doctor Neubrandner's Note:

*Key points: Side effects, e.g. hyperactivity may be seen early in treatment and will usually disappear within a short period of time thereafter.*

*"Healthy skepticism" is common, not only from physicians like Steven's father, but by all parents in general. Too many times parents have had their hopes built up, only to have them crashed to the ground when "the magic treatment" didn't work.*

*Well, there is no magic to HBOT, and none of us treating large numbers of children with autism will make any kind of promise except the promise that simply says, "Unless you try, you'll never know what HBOT may be able to do for your child."*